

MONDAY CLASSES

(Note class start dates & times may vary)

INTERNATIONAL TRAVEL (154)

Mondays, 8:30 – 10:00, in Room 30 (6 Classes 10/10 to 11/14)	Tuition \$35	Walk-in \$10
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Pay prior to the class in the Center 4Life Learning office.

Highlights of Europe - How do you decide where to go? What's worth seeing? In this presentation Kai will share some of his favorite lessons learned and resources used in his travels.

The Best of Switzerland - Staying in a small village in the heart of the Swiss Alps is a wonderful experience. There are a few tricks to make your trip the experience of a lifetime.

Paris: The Heart of France - Paris really is a destination unto itself. There are many ways to enjoy the City of Lights and we'll take a look at some of them.

Forget Italy Just Give Me Venice - Italy is great, but Venice has to be one of the most impressive cities in the world. How can you enjoy this incredible city by staying there and even staying just outside the city.

Iceland: Land of Ice and Fire - Somewhat European and somewhat independent, Iceland is a fascinating destination. You can get a taste of Iceland or immerse yourself in this land of fire and ice.

American Safari - Yellowstone National Park has some of the best wildlife viewing and landscapes in the country. One of the most popular destinations and recently battered by weather, Yellowstone can be a great trip with the right planning.

Kai Rambow has been the travel writer and photographer for The News of Sun City Center (once a month in your mailbox) for the past eight years. He will share some of his favorite destinations complete with tips so you can plan your own trips.

SIGN LANGUAGE (107)

Mondays, 10:30 – 12:00, in Room 12 (6 Classes 10/10 to 11/14)	Tuition \$35	Limited to 12
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You will learn the manual alphabet, numbers, and basic signs to communicate with the hard of hearing and the deaf.

The book Signing Made Easy, by Rod R. Butterworth and Mickey Florin is required for the class. It can be purchased at Barnes and Noble or online at amazon.com

Bonnie DeVagno taught school for 25 years and taught sign language at Western Connecticut State University for 13 years before retiring to Florida in 2006.

MUSIC MEDICINE (155)

Monday, 10:30 – 12:00, in Choir Room (One Class 10/24)	Tuition \$10	Limited to 30
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Music! Listening to music inspires us, heals us, and changes us! In this class, we will talk about why and how music touches us so deeply. Rhythm, melody, harmony, and silence affect our bodies, hearts, and minds in amazingly different ways.

Secondly, we will watch music videos of several contemporary Christian songs, learning the back stories that inspired the artists! Come and learn why there's truly hope in front of us!

Nancy Starewicz is a school psychologist who has worked with students and families for over 30 years. She was born and raised in Alexandria, Minnesota. She attended Valparaiso University and Loyola University, earning her BA and M.Ed. degrees in Educational Psychology. In 1990, she was named Outstanding School Psychologist for the state of Indiana. She taught Psychology of Learning at Purdue University for seven years. She is married to Doug, a retired educator and coach. They have three adult children and two grandchildren. Since retiring from her full-time job in 2008, Nancy has written eight books about her Wheaten terrier Lucky, and they have visited thousands of students in Indiana, Minnesota, and Florida. During their interactive programs, students, teachers, and parents hear about Lucky and see her demonstrate her "good behaviors!" All the Lucky books have universal messages for all ages emphasizing empathy, listening, trust, being thankful, and friendship. Nancy says she writes her books about important life lessons she has learned from Lucky.

SOCIAL SECURITY – ITS BACKGROUND, CURRENT STATUS, AND FUTURE (164)

Mondays, 1:00 – 2:30 p.m., Room 30 (3 Classes 10/10 to 10/24)	Tuition \$25	Walk-in \$10
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Pay prior to the class in the Center 4Life Learning office.

Our class will begin with a description and open discussion of the opposing views on the proper size and role of government held by noted libertarian, centrist, and liberal thinkers. We will then examine the role of Social Security. During our discussion, we will ask some fundamental questions about this program. How and why did Social Security begin? What explains the rapid growth of Social Security over the years and what are the reasons for this growth? Why has Social Security run into trouble in terms of adequately funding expected benefits for future generations? Finally, what are some suggestions for fixing the problems that Social Security faces? The solutions discussed will look at providing more revenue through an increase in tax rates and/or reducing benefits to future generations. In addition, we will consider several proposals which claim that the government program as it presently exists should largely be abandoned, with individuals determining on their own how to save for their retirement.

Robert Silverman is an Adjunct Professor of Philosophy at Hillsborough Community College and, before retiring, was an IT executive with IBM and JP Morgan Chase. He is a member of the Advisory Board of the Center 4Life Learning and has lived in Valencia Lakes for a number of years.

Frank Slesnick, PhD is a Professor Emeritus of Economics at Bellarmine University, where he taught for 30 years. He is Vice-Chair of the Center 4Life Learning and has lived in Kings Point for a number of years.

TUESDAY CLASSES

(Note class start dates & times may vary)

BEGINNING GOREN CONTRACT BRIDGE (156)

Tuesdays, 10:30 – 12:00, in Room 19 (6 Classes 10/11 to 11/15)	Tuition \$35	Limited to 12
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This class will cover the basics for the new and for those needing a review to reenter in the game after years or less of not playing. Different levels of play will be provided. The instructors look forward to meeting you in the journey of learning and having fun together. Welcome!

Regina Tucker is a certified elementary teacher in Virginia and Pennsylvania and has taught Bridge since retiring.

Barbara Mattson is a new player from Regina's last class in 2020. Barbara has excelled and is an avid and an enthusiastic player who will be an asset to the true beginners.

MANAGING LIFE TRANSITION AND ESTATE PLANNING (434)

Tuesdays, 10:30 – 12:00, in Room 11 (6 Classes 10/11 to 11/15)	Tuition \$35
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When was the last time you reviewed your Estate Plan? How would the loss of your spouse or health affect your retirement? Maintaining dignity in retirement only happens when you have an effective plan in place. Give yourself the security you deserve by attending our interactive Life Transition and Estate Planning Workshop. You will benefit from the discussions about:

- Do I need a Trust: Are there simpler solutions that would work better for me?
- Making the most of your IRA. New law changes in January may need to address your current plan.
- How do I know if I will have enough resources in retirement?

Paul Sponseller, CFP® has worked with over a thousand families and individuals in Sun City Center over the past 23 years, specializing in maintaining retirement income, managing life transitions, and developing effective estate planning strategies. He is the author of 20 Great Tax Saving Ideas for your IRA and has been a contributor to Market Watch Retirement Weekly. As a regular lecturer at the Center 4Life Learning, Paul has had hundreds of students attend his Life Transition and Estate Planning courses over the past 10 years.

PREPARING FOR LIFE CHANGING EVENTS (GETTING YOUR STUFF TOGETHER) (131)

Tuesdays, 10:30 – 12:00, in Room 30 (6 Classes 10/11 to 11/15)	Tuition \$35	Limited to 15
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John O'Connor will help the participants understand the information and documents that should be located and assembled to allow spouses and /or children to either handle your affairs should you become incapacitated or settle your affairs upon your passing. The course will lay out a plan for you to follow to prepare for life changing events. We will cover such areas as emergency contacts, relatives and friends, your professional and medical providers, medical conditions, financial institutions, living expenses, insurance policies, last wishes, and even pet care.

John O'Connor is a retired US Army officer with a bachelor's degree in economics and an advanced degree in management. He was an instructor of military personnel involved in the management of the military pay system. Through his involvement with grief groups, experiences with friends and neighbors and volunteer work with individuals with dementia, he has recognized the need for properly preparing for life changing events. He will take a management approach to give you a plan necessary to organize the information and documents to ease the burden on your spouses and/or children upon your death or incapacitation.

There is a \$8 charge for an expandable binder that each student will use to collect and store their personal documents, payable to instructor.

FRIENDSHIP ROCKS (132)

Tuesdays, 10:30 – 12:00, in Creason Kitchen (6 Classes 10/11 to 11/15)	Tuition \$35
Limited to 8	

Come together to share your time and talent, to create amazing colorful rock decorations. Enjoy the peace and serenity painting offers. Share your art with friends and family or hide them for others to find and enjoy. Rocks and paint supplies will be provided.

Sharron Nabak and Sheila Thurston. Sharron has 25 years as a quilter; 40 years as a garden plaque painter; 5 years teaching techniques; and 5 years bible character painting. Sheila and Sharron have over two years of rock painting experience.

UNDERSTANDING JAZZ (447) CLASS CANCELLED

Tuesdays, 1:00 – 2:30, in Room 19 (6 Classes 10/11 to 11/15)	Tuition \$35	Limited to 10
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Each performer in a jazz group has a job to do which may be done in a variety of ways. We will listen to examples and learn to recognize the choices made by each player.

Harry Miedema: For 23 years Mr. Miedema was Music Director or saxophonist for Rock and Roll Hall of Fame group, the O'Jays. He appeared on television many times and has performed on Gold and Platinum albums. Upon leaving the group, he was Director, Jazz Studies at the University of Indianapolis for 15 years, retiring with the title Professor Emeritus.

PERSPECTIVE (324)

Tuesdays, 1:00 – 3:00, in Creason Kitchen (6 Classes 10/11 to 11/15) Tuition \$45 Limited to 10
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Are you interested in learning how to take a 2-D image and turn it into a 3-D form? Well what do you say to changing, for example, a flat two-D structure into something that will grab your friends' attention because of the drawing's textural quality and shape. Learn the necessary skills to create fantastic illusions of your home and more on a flat sheet of paper.

Students need to bring drawing pencils, drawing pad 9"x12", one medium and one soft charcoal sticks, 18" ruler, pencil eraser, and kneading eraser for charcoal.

Professor Barbara Weskot comes to us from the states of New Jersey and New Mexico with an MFA and MA in Education. She has taught at community colleges in both states for over thirty years in the field of art.

BEGINNING GENEALOGY (444)

Tuesdays, 2:30 – 4:00, in Creason Hall (10/11 to 11/15) Tuition \$35 Limited to 12

Course is targeted to those who have not searched for any genealogy records on loved ones or persons who have limited genealogy work. We will explain how to begin and what forms are needed. Many sources will be provided.

Judy Lee has studied genealogy for well over 30 years and has searched at least 20 different families. Judy uses Family Tree Maker and Ancestry for most of her online searches. She will furnish many handouts for the students.

WEDNESDAY CLASSES

(Note class start dates & times may vary)

CHINESE BRUSH/SUMI-E WORKSHOP (159)

Wednesdays, 9:15 – 11:30 a.m., in LEC Lobby (4 Classes 11/2 to 11/23) Limited to 12	Tuition \$33
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A course of four meetings encouraging anyone with an interest in this fantastic art form and who is familiar with the use of the very special materials. Come along and listen to classical Chinese music as you once again see how ink and Chinese pigment react with quality Zhuen paper. Explore further the traditional Chinese motifs like the lotus, carp, figures in a landscape, the peony, and the cherry blossom. Also decorate seasonal greeting cards.

There is a required materials charge of \$32 charge, payable to instructor on November 2. Sometimes the pigments stain so please come prepared.

Renee M. Vickery trained in art, 2 years in the UK. She was awarded a diploma in Chinese brush painting at the Nan Yang Academy of Fine Arts in Singapore. Renee exhibits widely and has taught at the Sarasota Adult Enrichment Center.

CHAUTAUQUA V (511)

Wednesdays, 10:30 – 12:00, Room 30 (6 Classes 10/12 to 11/16) Pay prior to the class in the Center 4Life Learning office.	Tuition \$35	Walk-in \$10
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This is a dynamic, fun, discussion-oriented class. In each session, we will watch and discuss two TED talks. The topics are at the "general interest" level (not technical) and will range across psychology, economics, political philosophy, sociology, health, and other topics of general interest. Class participation is always encouraged and lively, with students sharing interesting perspectives based on their diverse experiences and backgrounds. There are no prerequisites.

Wiley Mangum, PhD is a Professor Emeritus of Aging Studies at the University of South Florida, Tampa, where he taught for 31 years. He is Chair of the Advisory Board of Center 4Life Learning and has lived in Kings Point since 2002.

Robert Silverman is an Adjunct Professor of Philosophy at Hillsborough Community College and, before retiring, was an IT executive with IBM and JP Morgan Chase. He is a member of the Advisory Board of the Center 4Life Learning and has lived in Valencia Lakes for a number of years.

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THE FIFTIES: A JOURNEY DOWN MEMORY LANE WITH WILEY, ROB, AND FRANK (160)

Wednesdays, 1:00 – 2:30, Room 30 (6 Classes 10/12 to 11/16) **Tuition \$35 Walk-in \$10**
Pay prior to the class in the Center 4Life Learning office.

For those who are old enough, this review and discussion course of the 1950s will trigger many memories – the Korean War or Conflict or Police Action, political events, music, movies and much more—from 60 to 70 years ago. For those who aren't old enough, it will be a lesson in fairly recent American history. Wiley and Frank are old enough to have distant but clear memories of the 50s decade and Rob is old enough to remember the latter part but will be channeling his older sister for the early years. In our opening session, everyone in the class will be asked to locate him or herself in or around the 1950s and, if possible, to share one or two memories.

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THURSDAY CLASSES

(Note class start dates & times may vary)

Conversational Spanish (157)

Thursdays, 8:30 – 10:00, in Room 19 (6 Classes 10/13 to 11/17)	Tuition \$35	Limited to 10
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A wonderful opportunity to get comfortable with speaking basic Spanish, even while traveling. Course will include the textbook: Spanish Conversation Easy Learning by Collins.

The textbook is \$13, payable to instructor on October 13.

Hud Richard is a retired Roman Catholic priest who spent 10 years in two inner-city Hispanic parishes in Connecticut (Hartford and New Haven) when he conducted services and some pastoral duties in Spanish. Besides the usual high school and college course (especially the advance conversational course at Boston College), he spent two summers in intensive language courses. The first was in Cuernavaca, Mexico where he lived with a Mexican family. (Four students in the class.) The second was a Middlebury, Vermont in their International Language School. He taught Spanish (beginning/advance) for two years in a parish elementary school in Connecticut. He also taught an informal class at Kings Point, Sun City Center at the request of some residents.

WELLNESS TOPICS (161)

Thursdays, 10:30 – 12:00, Room 30 (6 Classes 10/20 to 11/17)	Tuition \$35	Walk-in \$10 Pay prior to the class in the Center 4Life Learning office.
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Weekly wellness topics will include:

- Eating healthy on a budget
- Popular diets: pros & cons
- Aging with grace and vitality
- Plant-based eating
- Cognitive health and wellness through diet and lifestyle
- Discover holistic strategies for optimal health

Shirley Sullivan is a nutritionist and holistic health educator; founder of Southshore Wellness. Southshore Wellness offers a wide range of in-person, summer camps, and virtual services. Services include individual health coaching, meal planning, FIT Testing (food, skin, environmental intolerances), LightWave Patch Therapy, and youth wellness yoga.

ACRYLIC TO WATERCOLOR PAINTING (124)

Thursdays, 12:00– 2:00, Room 19 (6 Classes 10/13 to 11/17)	Tuition \$45	Limited to 10
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Are you curious to explore painting images that reflect both transparency and opaque colors? Ok then come and learn a variety of painting techniques that will surprise you.

Students need to bring a set of acrylic brushes, watercolor brushes (round, flat, pointed), set of acrylic tube paints, 9"x12" canvas pad with slightly rough textured sheets, palette knife, mixing tray, gloss or matte medium.

Professor Barbara Weskot comes to us from the states of New Jersey and New Mexico with an MFA and a MA in Education. She taught at community colleges in both states for over thirty years in the field of art.

Precision Medicine Approach to Alzheimer's Disease (209)

Thursday, 1:30 – 3:00, in Room 30 (One-day Class, 10/13)	Tuition \$10
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Dr. Stedman will discuss a successful pilot project, the Precision Medicine Approach to Alzheimer's Disease, on reversing Alzheimer's Disease.

Mary Stedman, MD earned her Bachelor of Arts in Pharmacy from the University of Florida in Gainesville and went on to complete her Doctor of Medicine at the University of South Florida in Tampa. She remained in Tampa and at the University of South Florida to complete her residency training in psychiatry and child psychiatry. Dr. Stedman is a board-certified psychiatrist by the American Board of Psychiatry and Neurology. Dr Stedman has been successfully completing clinical research studies in the Tampa Bay area since 1997. Dr. Stedman serves as the medical director and principal investigator of Stedman Clinical Trials while continuing to maintain an independent private practice.

CUT THE CORD (162)

Thursday, 1:30 – 3:00, in Room 30, (One-day Class, 10/20) Tuition \$10

These days most of us get our information and entertainment from our cable provider either Spectrum or Frontier. Phone, television, and internet comprise the triple play. How many cable TV channels do you actually use? This presentation will review the triple play and discuss broadcast television, streaming devices and services as alternatives to the cable TV channels. Using these alternatives you can eliminate the television portion of your cable bill, and possibly reduce your monthly cost. Come and see the alternatives so you can make your own “Cut the Cord” decision.

Phil Sorrentino is the secretary of the Sun City Center Computer Club and a past president of the Sarasota Computer Users Group. He has taught a variety of beginner and advanced computer classes and writes a monthly computer article for both organizations’ newsletters. Phil is an electrical engineer and has worked at developing computer hardware and software for his entire career.

FUNDAMENTALS OF ECONOMICS & INVESTING (206)

Thursdays, 1:30 – 3:00, in Room 30 (4 Classes, 10/27 to 11/17) Tuition \$30
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- **Overview of Investments and Markets:** Learn the basics of the capital markets and forces that cause stocks and bonds to fluctuate. Understand how the Fed, the markets, and the economy interact.
- **Taxes, Estates, Probate and Trusts:** Simplify life for your survivors. Plan for the efficient transfer of assets during your life and at death. Understand wills, trusts, and steps to reduce your tax liability.
- **Evaluating Special Situations:** Retirement plans; Taxable versus Tax Free Investments; managing your portfolio rationally.
- **Investment Strategies:** Updating your investment portfolio and understanding the markets in today’s volatile economy.

(Informational purposes only. Contact your Tax Advisor/Estate Planner for more information.)

Rudy Fernandez, CFP® has practiced in the financial services industry since 1982. Rudy works with businesses and individuals, guiding them to achieve their financial objectives. His years of experience have given him a depth of knowledge--particularly in the field of Retirement Planning. Rudy earned his degree in Accounting at the University of Notre Dame. Since 1987, he has taught courses dealing with current financial and economic issues at Hillsborough Community College, at USF Osher Lifelong Learning Institute, and at the Center 4Life Learning. A highly active member of the Tampa Bay community, Rudy was elected to the Tampa City Council in 1991. During his time as a council member, he served as Finance Chairman for eight years. Rudy has also served on many other civic boards throughout the area. Rudy is known for his clear, concise way to communicate complicated topics in an understandable manner.

FRIDAY CLASSES

(Note class start dates & times may vary)

BISTRO SOLEIL CHARCUTERIE WORKSHOP (165)

Friday 9:30 – 11:30, in LEC Lobby (one 2-hour Class 10/14)	Tuition \$12	Limited to 15
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This popular and fun bistro soleil charcuterie workshop and meal sold out early last season. Here is another chance to attend. Maria will show you how to put together an impressive and delicious charcuterie spread for your next get together. Learn about the many components of the board or platter, such as cheeses, crackers, bread, fruit, deli meats and more. From start to finish, Maria will show you her tricks and touches for arranging and presenting these items in an inviting way. Recipes for marinated olives and peppers will be shared. At the end of the class, all students will be able to enjoy the food and will receive their own board to take home. Enjoy the camaraderie of eating with your fellow students. Have a glass of sparkling cider and a small sweet before you leave. Be sure to tell your friends.

There is a required \$39 charge for food and materials, payable to the instructor.

Maria Trupia has been a professional designer and producer of events and gifts for well over 25 years. She produced corporate events for clients including Rolls-Royce, Parker Pen Co, Lancome Cosmetics, Memorex Corp., Sylvania, Escada Fragrances, Home Shopping Network, and Morgan Stanley. Her events include tea parties, weddings, press events, meetings, and conventions. Maria has traveled the world extensively. She held a number of well received workshops and classes in the New York area and is a style expert who staged homes for clients, and friends. She has won numerous awards for her holiday decor.

TEA PARTY WORKSHOP (150)

Friday 9:30– 11:30, in LEC Lobby (one 2-hour Class 10/21) to 15	Tuition \$12	Limited
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Tea parties are more popular than ever. They are a budget friendly way to invite friends and family or an hour or two of graciousness and charm. Maria Trupia is a professional event producer who is also well known for her successful tea parties, as she planned all the Rolls-Royce motor car tea events for many years. These events took place from New York to Los Angeles and were written up in many major newspapers. She also designed and produced personal tea parties for her many clients. Now she can share her skills with you. Delight your own guests and make any day special. You will learn the right and wrong way to lay a pretty table, and to serve the tea. Discuss different types of tea and how to steep and serve it. Jams, cream, and pastry will be discussed. Scones with clotted cream and small sandwiches will be served. The proper way to present the lemon, milk and other tea details will be talked about. Learn the importance of setting the scene with serving pieces, China and linens. Best of all, at the end of the workshop enjoy a cup or two of tea served with delicious accompaniments. Do plan to join your fellow classmates for an early tea /lunch at the end of the class.

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AUTUMN CHARCUTERIE BOARD WORKSHOP (151)

Friday 9:30– 11:30, in LEC Lobby (one 2-hour Class 11/18)	Tuition \$12	Limited to 15
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Be inspired to customize your charcuterie board especially for the upcoming autumn season! Charcuterie boards have been the trend in party snacks over the past few years and your instructor Maria Trupia doesn't see it stopping anytime soon! The delicious variety of meats, cheese, crackers, and fruit are favorites your guests will enjoy. Best of all, everyone can select just what they want...a win-win for your fall gatherings. Maria enjoyed meeting and getting to know all her students last season and wanted to offer them a different kind of fun board/tray filled with classic and delicious fall treats. She will show you how to put together a large tray in reds, yellows, golds, and russets. Good news! Each student will take home their own sturdy large and colorful keepsake tray. Learn about the components, apples, honey, nuts, and other treats and how to embellish with small pumpkins, leaves, wheat, herbs, and other seasonal beautiful items. At the end of the class share the contents of this delightful abundant board. with a drink and a sweetie or two. These classes are friendly and informative. This special fall workshop is meant to show that there is no limit to the theme and presentation of charcuterie boards, trays, and/or platters. Sign up, and join in on the fun, as this workshop will sell out early.

There is a required \$39 charge for food and materials, payable to the instructor.

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Secondly, we will watch music videos of several contemporary Christian songs, learning the back stories that inspired the artists! Come and learn why there's truly hope in front of us!

Nancy Starewicz is a school psychologist who has worked with students and families for over 30 years. She was born and raised in Alexandria, Minnesota. She attended Valparaiso University and Loyola University, earning her BA and M.Ed. degrees in Educational Psychology. In 1990, she was named Outstanding School Psychologist for the state of Indiana. She taught Psychology of Learning at Purdue University for seven years. She is married to Doug, a retired educator and coach. They have three adult children and two grandchildren. Since retiring from her full-time job in 2008, Nancy has written eight books about her Wheaten Terrier Lucky, and they have visited thousands of students in Indiana, Minnesota, and Florida. During their interactive programs, students, teachers, and parents hear about Lucky and see her demonstrate her "good behaviors!" All the Lucky books have universal messages for all ages emphasizing empathy, listening, trust, being thankful, and friendship. Nancy says she writes her books about important life lessons she has learned from Lucky.

DIABETES SELF-MANAGEMENT EDUCATION (313)

Fridays, 12:00 – 1:30, in Room LEC I (7 Classes, 10/7 – 11/18)	FREE CLASS	Limited to 6
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Seven 90-minute sessions covering a comprehensive range of topics relating to diabetes: complications, nutrition, carb counting, physical activity, monitoring, medications, and coping.

Please note participants must have a diagnosis of Type 1 or Type 2 Diabetes (not pre-diabetes) to attend. Spouses or other support persons are welcome and will not be included in the total student count. Class registration will be done in the Center 4Life office.

Deanna Doran, RDN, LD/N is a registered and licensed Dietitian/Nutritionist employed by the Florida Department of Health. She has spent the last 16 years focusing on weight management and diabetes education.

ANDROID SMARTPHONES & TABLETS WORKSHOP (428)

Fridays, 1:00 - 2:30, in Room 11 (6 Classes 10/14 to 11/18)	Tuition \$35	Limited to 15
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This class will start with the very basics of the Android Operating System and introduce you to the uses of Smartphones and Tablets. You will learn how to connect to the internet and use your device to do things, such as: download Apps to your device; check your email and calendar; take pictures and share them with your friends; review your collection of photos; read a book; watch a video; listen to music; and play games like Solitaire and Word Cookies. Apps determine what the device can do, so the class will concentrate on basic Apps such as Google Playstore, Email, Photos, Camera, and Settings. Apps that expand the use of the device, such as OneDrive, Pandora, and Facebook, will also be downloaded and discussed. Each class will consist of presentation, demonstration, and practice using these Apps in your own device.

Bring your fully charged devices to class and learn on your own equipment.

Phil Sorrentino is the secretary of the Sun City Center Computer Club and a past president of the Sarasota Computer Users Group. He has taught a variety of beginner and advanced computer classes and writes a monthly computer article for both organizations' newsletters. Phil is an electrical engineer and has worked at developing computer hardware and software for his entire career.

SIX WATERSHED EPISODES FROM WORLD HISTORY (163)

Fridays, 1:00 - 2:30 in Room 30 (6 Classes 10/14 to 11/18)

Tuition \$35

Walk-in \$10

Pay prior to the class in the Center 4Life Learning office.

1. THE RISE and FALL OF THE ATHENIAN NAVY, 483-404 BCE. Trace the path from Democracy to Naval Empire to the Great Cultural outburst that followed. We follow the lives of Themistocles, Thucydides, and the redemptive tale of handsome Alcibiades. Discover that the saga of Athenian Democracy is timeless!
2. FALL OF THE ROMAN REPUBLIC, (107 – 44 BCE). Why did Caesar cross the Rubicon? Why did this matter? This epic tale portrays the slow demise of the republic, hailing back to the Cimbri Wars of 113-101 BCE, to a one-party republic, and to the wholesale slaughters of his political enemies by the Dictator Sulla.
3. THE HOUSE OF WISDOM, 750-1000 CE. By the 14th century, Europe re-discovered much of its ancient Greco-Roman heritage. These previously unknown documents first came to them from Islamic libraries. We focus first on the House of Wisdom in Baghdad. There, a faction of Islamic thought sought to assemble and consolidate the wisdom Greece, India, and Islam. Then, hear the remarkable story of how Spanish Cordoba and Toledo became the primary vehicles for the ultimate transfer of all this to Western Europe.
4. WILLIAM PITT and ENGLAND'S MIRACLE YEAR, (1759). With the French Empire at the peak from 1745-58, the GREAT COMMONER, in a single year, reversed England's grim war prospects. Britannia would thereafter become the new Great Power of Europe until 1939.
5. BATTLE OF SARATOGA (1777). The Saratoga Campaign of 1777 began so well for the British! How did it all fall apart? The American victory set off a chain of events that insured both American Independence, and the rise of anti-monarchical ideas in Europe. These will ultimately become the predominant ones in modern Europe.
6. THE GUADALCANAL CAMPAIGN (1942-3). This was the first full four-dimensional campaign involving submarines, carriers, battleships, airplanes, and infantry. The island itself was an unbearably humid jungle- full of snakes, crocodiles, fire ants, and malaria-bearing mosquitoes. This Campaign is widely recognized as one of three decisive Allied victories in WW2. Japan was thereafter on the defensive.

Dan Madden, PhD earned his MA and PhD at the University of Wisconsin, Madison. He specialized in American and English Constitutional History. Two of his three books focus of the era from 1745-1789. They are Roots Of The First American Republics and Beginning The World Over Again. He has also written The Twisty Trail From Homer To Copernicus. The Twisty Trail is a "magic carpet ride" through the high points of Ancient and Medieval History. It tells its riveting story in a mere 126 pages. Maps and photographs abound. Dan offers popular monthly lectures at Aston Gardens here in Sun City Center. He was a panelist at the Dahlonga Literary Festival in Georgia and led a Book Reading ZOOM EVENT in Waunakee Wisconsin. He taught a class on the American Revolution last semester here at the Center 4Life Learning.