

ENRICHING RELATIONSHIPS THROUGH SELF-DISCOVERY (218)

Thursdays, 1:00 – 2:30, (4 Classes, 1/29 – 2/19) in Room 19	Tuition \$45
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Do you sometimes feel you haven't been heard? Is it difficult for you to understand people with different personalities? How well do you know and accept your own personality traits? This class will help you discover the strengths and shadows of how you process information and express yourself into the world. Using the Jungian model of personality types you'll learn more about what drives your behavior and how it is perceived by others. This will also help you to better understand, appreciate, and interact with others. Your family, friends, and even your enemies will thank you for taking this class!

Reverend Betty Martin-Lewis is the founding minister of Unity SouthShore Spiritual Center located in Ruskin. As a Certified Ministry Consultant, she also supports other spiritual centers with Board training and organizational development. Prior to her 19 years in ministry, she had a career in Human Resources, helping business leaders develop their potential to build healthy and productive workplaces. Her academic credentials include a master's degree in Business and Public Administration and a PhD in Organization Development. As a former Peace Corps volunteer, she loves to travel and explore other cultures. Her personal mission is to help individuals discover and express their inherent gifts and powers. She lives in Sun City Center and loves movies, theater, jazz and reading/writing poetry.