

WHAT WOULD HAPPEN IF YOU GOT HIT BY A BUS? (PREPARING FOR LIFE CHANGING EVENTS BY GETTING YOUR STUFF TOGETHER) (131)

Thursdays, 10:30 – 12:00 (6 Classes 10/12 thru 11/16) in Room 19	Tuition \$45	Limited to 15
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John O'Connor will help the participants understand the information and documents that should be located and assembled to allow spouses and /or children to either handle your affairs should you become incapacitated or settle your affairs upon your passing. The course will lay out a plan for you to follow to prepare for life-changing events. We will cover such areas as emergency contacts, relatives and friends, your professional and medical providers, medical conditions, financial institutions, living expenses, insurance policies, last wishes, and even pet care. **An expandable binder will be available for each student to use to collect and store personal documents, \$8, payable to instructor.**

For your convenience, on Thursdays at noon, bag lunches are available for the six-week semester. The entire lunch package cost \$72. The lunch will consist of a sandwich/wrap, fruit, cookie, and bottled water. The menu is available on the C4LL website and in the Center office. There will be no substitutes and no cancelations/refunds. Lunch packages must be ordered by Wednesday, October 4. Orders can be placed on the C4LL website when you register for your course(s) or in the Center office.

John O'Connor is a retired US Army officer with a bachelor's degree in economics and an advanced degree in management. He was an instructor of military personnel involved in the management of the military pay system. Through his involvement with grief groups, experiences with friends and neighbors and volunteer work with individuals with dementia, he has recognized the need for properly preparing for life changing events. He will take a management approach to give you a plan necessary to organize the information and documents to ease the burden on your spouses and/or children upon your death or incapacitation.

Center 4Life Learning

Bag Lunch Package

12:00 p.m.

Thursdays, October 12 thru November 16, 2023

Menu

October 12: *Turkey Club Sandwich*

October 19: *Roast Beef and Cheddar Sandwich with a Garlic Aioli Sauce*

October 26: *Grilled Chicken Wrap*

November 2: *Waldorf Chicken Salad on Wheat*

November 9: *Reuben on Rye*

November 16: *Pesto Turkey Wrap*

Each meal will include *fruit, a cookie, and 16 oz. bottled water.*

Six-week lunch package cost \$72.

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